

# COURSE DETAIL

## HEALTH PSYCHOLOGY

**Country**

Hong Kong

**Host Institution**

Hong Kong University of Science and Technology (HKUST)

**Program(s)**

Hong Kong University of Science and Technology

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Psychology

**UCEAP Course Number**

114

**UCEAP Course Suffix****UCEAP Official Title**

HEALTH PSYCHOLOGY

**UCEAP Transcript Title**

HEALTH PSYCHOLOGY

**UCEAP Quarter Units**

4.50

**UCEAP Semester Units**

3.00

## Course Description

Health psychology is the scientific study of how biological, psychological, and social factors affect health promotion as well as the prevention and treatment of illness. The course looks at how people stay healthy, why they become ill, and how they cope and recover when they are ill. This course introduces students to the theoretical models, research methodology, empirical findings, and current issues in health psychology.

## Language(s) of Instruction

English

## Host Institution Course Number

SOSC 3990

## Host Institution Course Title

HEALTH PSYCHOLOGY

## Host Institution Course Details

<https://prog-crs.hkust.edu.hk/ugcourse/2025-26/search?keyword=SOSC+3990>

## Host Institution Campus

## Host Institution Faculty

## Host Institution Degree

## Host Institution Department

Social Science

## Course Last Reviewed

2025-2026

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