

# COURSE DETAIL

## HEALTH PSYCHOLOGY

### Country

Hong Kong

### Host Institution

Hong Kong University of Science and Technology (HKUST)

### Program(s)

Hong Kong University of Science and Technology

### UCEAP Course Level

Upper Division

### UCEAP Subject Area(s)

Psychology

### UCEAP Course Number

114

### UCEAP Course Suffix

### UCEAP Official Title

HEALTH PSYCHOLOGY

### UCEAP Transcript Title

HEALTH PSYCHOLOGY

### UCEAP Quarter Units

4.50

### UCEAP Semester Units

3.00

## **Course Description**

Health psychology is the scientific study of how biological, psychological, and social factors affect health promotion as well as the prevention and treatment of illness. The course looks at how people stay healthy, why they become ill, and how they cope and recover when they are ill. This course introduces students to the theoretical models, research methodology, empirical findings, and current issues in health psychology.

### **Language(s) of Instruction**

English

### **Host Institution Course Number**

SOSC 3990

### **Host Institution Course Title**

HEALTH PSYCHOLOGY

### **Host Institution Course Details**

<https://prog-crs.hkust.edu.hk/ugcourse/2025-26/search?keyword=SOSC%203990>

### **Host Institution Campus**

### **Host Institution Faculty**

### **Host Institution Degree**

### **Host Institution Department**

Social Science

### **Course Last Reviewed**

2025-2026

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