

# COURSE DETAIL

## PSYCHOLOGY OF RELIGION

**Country**

South Africa

**Host Institution**

University of Cape Town

**Program(s)**

University of Cape Town

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Religious Studies Psychology

**UCEAP Course Number**

124

**UCEAP Course Suffix****UCEAP Official Title**

PSYCHOLOGY OF RELIGION

**UCEAP Transcript Title**

PSYCH OF RELIGION

**UCEAP Quarter Units**

8.00

**UCEAP Semester Units**

5.30

## Course Description

This course pays special attention to issues of theory and method in the psychology of religion, in order to develop an understanding of personal identity, as well as mental and spiritual health in religious contexts. While recognizing the importance of gender, class, race, ethnicity and other social forms of identity, the course focuses on religious dynamics of personal identity and the formation of selfhood through case studies in consciousness, mysticism, embodiment, intertextual reading practices and cultural resources for being human. The course explores the various ways in which religion might inform personal, social and intersubjective notions of self, while providing conception of the good/the good life. Course entry requirements: Second-year status.

## Language(s) of Instruction

English

## Host Institution Course Number

REL2048S

## Host Institution Course Title

PSYCHOLOGY OF RELIGION

## Host Institution Course Details

<https://www.uct.ac.za/sites/default/files/media/documents/uct-handbook-09a-2025...>

## Host Institution Campus

University of Cape Town

## Host Institution Faculty

Humanities

## Host Institution Degree

## Host Institution Department

Religious Studies

**Course Last Reviewed**

2025-2026

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