

COURSE DETAIL

PSYCHOLOGY OF RELIGION

Country

South Africa

Host Institution

University of Cape Town

Program(s)

University of Cape Town

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Religious Studies Psychology

UCEAP Course Number

124

UCEAP Course Suffix**UCEAP Official Title**

PSYCHOLOGY OF RELIGION

UCEAP Transcript Title

PSYCH OF RELIGION

UCEAP Quarter Units

8.00

UCEAP Semester Units

5.30

Course Description

This course pays special attention to issues of theory and method in the psychology of religion, in order to develop an understanding of personal identity, as well as mental and spiritual health in religious contexts. While recognizing the importance of gender, class, race, ethnicity and other social forms of identity, the course focuses on religious dynamics of personal identity and the formation of selfhood through case studies in consciousness, mysticism, embodiment, intertextual reading practices and cultural resources for being human. The course explores the various ways in which religion might inform personal, social and intersubjective notions of self, while providing conception of the good/the good life. Course entry requirements: Second-year status.

Language(s) of Instruction

English

Host Institution Course Number

REL2048S

Host Institution Course Title

PSYCHOLOGY OF RELIGION

Host Institution Course Details

<https://www.uct.ac.za/sites/default/files/media/documents/uct-handbook-09a-2025...>

Host Institution Campus

University of Cape Town

Host Institution Faculty

Humanities

Host Institution Degree

Host Institution Department

Religious Studies

Course Last Reviewed

2025-2026

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