

# COURSE DETAIL

## DESIGN YOUR LIFE FOR ENGINEERING STUDENTS

**Country**

Hong Kong

**Host Institution**

Hong Kong University of Science and Technology (HKUST)

**Program(s)**

Hong Kong University of Science and Technology

**UCEAP Course Level**

Lower Division

**UCEAP Subject Area(s)**

Engineering

**UCEAP Course Number**

15

**UCEAP Course Suffix****UCEAP Official Title**

DESIGN YOUR LIFE FOR ENGINEERING STUDENTS

**UCEAP Transcript Title**

DESIGN LIFE ENGR

**UCEAP Quarter Units**

1.50

**UCEAP Semester Units**

1.00

## **Course Description**

Originated from Stanford University's Life Design Lab (Bill Burnett and Dave Evans), this course employs a method called "design thinking" to help students from any program develop a constructive and effective approach to finding and designing their vocation after university. Through small group discussions, in-class activities, personal reflections and individual coaching, this course teaches students to use design thinking to explore many of life's major challenges, such as pursuing careers they love and finding personal fulfillment. Topics include the integration of work and worldviews, ideation techniques, a portfolio approach to thriving, designing to increase balance and energy, and how to prototype all aspects of life. The course touches on the realities of engaging the workplace, and practices that support vocation formation throughout the career of students. The capstone assignment is the creation of an "Odyssey Plan" focusing on taking actions in the 3-5 years following their graduation. For Engineering students only. Graded P or F.

### **Language(s) of Instruction**

English

### **Host Institution Course Number**

Engg 1400

### **Host Institution Course Title**

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### **Host Institution Course Details**

<https://prog-crs.hkust.edu.hk/ugcourse/2025-26/search?keyword=ENGG1400>

### **Host Institution Campus**

### **Host Institution Faculty**

### **Host Institution Degree**

### **Host Institution Department**

Engineering

**Course Last Reviewed**

2025-2026

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