

COURSE DETAIL

DESIGN YOUR LIFE FOR ENGINEERING STUDENTS

Country

Hong Kong

Host Institution

Hong Kong University of Science and Technology (HKUST)

Program(s)

Hong Kong University of Science and Technology

UCEAP Course Level

Lower Division

UCEAP Subject Area(s)

Engineering

UCEAP Course Number

15

UCEAP Course Suffix**UCEAP Official Title**

DESIGN YOUR LIFE FOR ENGINEERING STUDENTS

UCEAP Transcript Title

DESIGN LIFE ENGR

UCEAP Quarter Units

1.50

UCEAP Semester Units

1.00

Course Description

Originated from Stanford University's Life Design Lab (Bill Burnett and Dave Evans), this course employs a method called "design thinking" to help students from any program develop a constructive and effective approach to finding and designing their vocation after university. Through small group discussions, in-class activities, personal reflections and individual coaching, this course teaches students to use design thinking to explore many of life's major challenges, such as pursuing careers they love and finding personal fulfillment. Topics include the integration of work and worldviews, ideation techniques, a portfolio approach to thriving, designing to increase balance and energy, and how to prototype all aspects of life. The course touches on the realities of engaging the workplace, and practices that support vocation formation throughout the career of students. The capstone assignment is the creation of an "Odyssey Plan" focusing on taking actions in the 3-5 years following their graduation. For Engineering students only. Graded P or F.

Language(s) of Instruction

English

Host Institution Course Number

Engg 1400

Host Institution Course Title

DESIGN YOUR LIFE FOR ENGINEERING STUDENTS

Host Institution Course Details

<https://prog-crs.hkust.edu.hk/ugcourse/2025-26/search?keyword=ENGG1400>

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department

Engineering

Course Last Reviewed

2025-2026

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