COURSE DETAIL

HEALTH EDUCATION AND HEALTH MANAGEMENT FOR COLLEGE STUDENTS
Country China
Host Institution Fudan University
Program(s) Fudan University
UCEAP Course Level Lower Division
UCEAP Subject Area(s) Health Sciences
UCEAP Course Number 5
UCEAP Course Suffix
UCEAP Official Title HEALTH EDUCATION AND HEALTH MANAGEMENT FOR COLLEGE STUDENTS
UCEAP Transcript Title HEALTH EDU&MGMT
UCEAP Quarter Units 3.00
UCEAP Semester Units

2.00

Course Description

This course addresses the physical and mental health needs of college students, covering core modules such as health management overview, physical activity promotion, balanced diet, psychological growth, and addiction prevention. It integrates practical content including infectious disease control, chronic disease management, and environmental/occupational health. Through lectures and interactive discussions, students will develop a scientific health perspective and master skills in health risk identification and self-management, laying a solid foundation for future life and career development.

Language(s) of Instruction
Chinese

Host Institution Course Number
GEEC10365

Host Institution Course Title
HEALTH EDUCATION AND HEALTH MANAGEMENT FOR COLLEGE STUDENTS

Host Institution Course Details

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department

Course Last Reviewed
2025-2026

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