

COURSE DETAIL

HEALTH EDUCATION AND HEALTH MANAGEMENT FOR COLLEGE STUDENTS

Country

China

Host Institution

Fudan University

Program(s)

Fudan University

UCEAP Course Level

Lower Division

UCEAP Subject Area(s)

Health Sciences

UCEAP Course Number

5

UCEAP Course Suffix**UCEAP Official Title**

HEALTH EDUCATION AND HEALTH MANAGEMENT FOR COLLEGE STUDENTS

UCEAP Transcript Title

HEALTH EDU&MGMT

UCEAP Quarter Units

3.00

UCEAP Semester Units

2.00

Course Description

This course addresses the physical and mental health needs of college students, covering core modules such as health management overview, physical activity promotion, balanced diet, psychological growth, and addiction prevention. It integrates practical content including infectious disease control, chronic disease management, and environmental/occupational health. Through lectures and interactive discussions, students will develop a scientific health perspective and master skills in health risk identification and self-management, laying a solid foundation for future life and career development.

Language(s) of Instruction

Chinese

Host Institution Course Number

GEEC10365

Host Institution Course Title

HEALTH EDUCATION AND HEALTH MANAGEMENT FOR COLLEGE STUDENTS

Host Institution Course Details

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department

Course Last Reviewed

2025-2026

[Print](#)