

# COURSE DETAIL

## A PRELIMINARY STUDY OF ART THERAPY

**Country**

Taiwan

**Host Institution**

National Taiwan University

**Program(s)**

National Taiwan University

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Psychology

**UCEAP Course Number**

122

**UCEAP Course Suffix****UCEAP Official Title**

A PRELIMINARY STUDY OF ART THERAPY

**UCEAP Transcript Title**

PRELIM ART THERAPY

**UCEAP Quarter Units**

3.00

**UCEAP Semester Units**

2.00

## Course Description

This course introduces the concept and practice of art therapy, exploring its role in psychotherapy through the creation and application of art. Through self-exploration and hands-on experience, students will engage in various art activities, understand the characteristics of art media, and explore self-healing. Topics include the meaning, characteristics, and functions of art therapy; its origins and development, including children's painting stages; methods and approaches in art therapy; exploration of the inner world through painting and analysis of famous artworks; and artistic expression for self-discovery, healing, and holistic growth of mind, body, and spirit.

## Language(s) of Instruction

Chinese

## Host Institution Course Number

TB11010048

## Host Institution Course Title

A PRELIMINARY STUDY OF ART THERAPY

## Host Institution Course Details

[https://dss20.ntust.edu.tw/Edua/app/qry\\_linkoutline.aspx?semester=1141&courseno...](https://dss20.ntust.edu.tw/Edua/app/qry_linkoutline.aspx?semester=1141&courseno...)

## Host Institution Campus

National Taiwan University of Science and Technology

## Host Institution Faculty

## Host Institution Degree

## Host Institution Department

General Education

## Course Last Reviewed

2025-2026

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