COURSE DETAIL

A PRELIMINARY STUDY OF ART THERAPY
Country Taiwan
Host Institution National Taiwan University
Program(s) National Taiwan University
UCEAP Course Level Upper Division
UCEAP Subject Area(s) Psychology
UCEAP Course Number 122
UCEAP Course Suffix
UCEAP Official Title A PRELIMINARY STUDY OF ART THERAPY
UCEAP Transcript Title PRELIM ART THERAPY
UCEAP Quarter Units 3.00
UCEAP Semester Units 2.00

Course Description

This course introduces the concept and practice of art therapy, exploring its role in psychotherapy through the creation and application of art. Through self-exploration and hands-on experience, students will engage in various art activities, understand the characteristics of art media, and explore self-healing. Topics include the meaning, characteristics, and functions of art therapy; its origins and development, including children's painting stages; methods and approaches in art therapy; exploration of the inner world through painting and analysis of famous artworks; and artistic expression for self-discovery, healing, and holistic growth of mind, body, and spirit.

Language(s) of Instruction
Chinese

Host Institution Course Number
TB11010048

Host Institution Course Title
A PRELIMINARY STUDY OF ART THERAPY

Host Institution Course Details
https://dss20.ntust.edu.tw/Edua/app/qry_linkoutline.aspx?semester=1141&courseno...

Host Institution Campus
National Taiwan University of Science and Technology

Host Institution Faculty

Host Institution Degree

Host Institution Department
General Education

Course Last Reviewed
2025-2026

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