

COURSE DETAIL

COUNSELING PSYCHOLOGY

Country

Hong Kong

Host Institution

Hong Kong University of Science and Technology (HKUST)

Program(s)

Hong Kong University of Science and Technology

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Psychology

UCEAP Course Number

115

UCEAP Course Suffix**UCEAP Official Title**

COUNSELING PSYCHOLOGY

UCEAP Transcript Title

COUNSELING PSYCH

UCEAP Quarter Units

4.50

UCEAP Semester Units

3.00

Course Description

This course explores emotional, social, vocational, and health-related challenges individuals face throughout life. By integrating psychological theories, counselling techniques, and practical applications, it enhances well-being and promotes personal growth. Students engage with various therapeutic methods, assessment techniques, and ethical considerations in diverse cultural contexts. Emphasizing interpersonal skills, resilience, and self-reflection, the course prepares students to be empathetic communicators who can positively impact their communities. Through hands-on experience and coursework, students navigate mental health complexities for personal and professional development.

Language(s) of Instruction

English

Host Institution Course Number

SOSC 2260

Host Institution Course Title

COUNSELLING PSYCHOLOGY

Host Institution Course Details

<https://prog-crs.hkust.edu.hk/ugcourse/2025-26/search?keyword=SOSC+2260>

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department

Social Science

Course Last Reviewed

2025-2026

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