COURSE DETAIL

COUNSELING PSYCHOLOGY
Country Hong Kong
Host Institution Hong Kong University of Science and Technology (HKUST)
Program(s) Hong Kong University of Science and Technology
UCEAP Course Level Upper Division
UCEAP Subject Area(s) Psychology
UCEAP Course Number 115
UCEAP Course Suffix
UCEAP Official Title COUNSELING PSYCHOLOGY
UCEAP Transcript Title COUNSELING PSYCH
UCEAP Quarter Units 4.50
UCEAP Semester Units 3.00

Course Description

This course explores emotional, social, vocational, and health-related challenges individuals face throughout life. By integrating psychological theories, counselling techniques, and practical applications, it enhances well-being and promotes personal growth. Students engage with various therapeutic methods, assessment techniques, and ethical considerations in diverse cultural contexts. Emphasizing interpersonal skills, resilience, and self-reflection, the course prepares students to be empathetic communicators who can positively impact their communities. Through hands-on experience and coursework, students navigate mental health complexities for personal and professional development.

Language(s) of Instruction
English

Host Institution Course Number
SOSC 2260

Host Institution Course Title
COUNSELLING PSYCHOLOGY

Host Institution Course Details
https://prog-crs.hkust.edu.hk/ugcourse/2025-26/search?keyword=SOSC+2260

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department
Social Science

Course Last Reviewed
2025-2026

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