

# COURSE DETAIL

## COUNSELING PSYCHOLOGY

**Country**

Hong Kong

**Host Institution**

Hong Kong University of Science and Technology (HKUST)

**Program(s)**

Hong Kong University of Science and Technology

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Psychology

**UCEAP Course Number**

115

**UCEAP Course Suffix****UCEAP Official Title**

COUNSELING PSYCHOLOGY

**UCEAP Transcript Title**

COUNSELING PSYCH

**UCEAP Quarter Units**

4.50

**UCEAP Semester Units**

3.00

## Course Description

This course explores emotional, social, vocational, and health-related challenges individuals face throughout life. By integrating psychological theories, counselling techniques, and practical applications, it enhances well-being and promotes personal growth. Students engage with various therapeutic methods, assessment techniques, and ethical considerations in diverse cultural contexts. Emphasizing interpersonal skills, resilience, and self-reflection, the course prepares students to be empathetic communicators who can positively impact their communities. Through hands-on experience and coursework, students navigate mental health complexities for personal and professional development.

### Language(s) of Instruction

English

### Host Institution Course Number

SOSC 2260

### Host Institution Course Title

COUNSELLING PSYCHOLOGY

### Host Institution Course Details

<https://prog-crs.hkust.edu.hk/ugcourse/2025-26/search?keyword=SOSC%202260>

### Host Institution Campus

### Host Institution Faculty

### Host Institution Degree

### Host Institution Department

Social Science

### Course Last Reviewed

2025-2026

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