

## COURSE DETAIL

### LESS IS MORE? AN INTRODUCTION TO DEGROWTH

**Country**

Netherlands

**Host Institution**

Maastricht University - University College Maastricht

**Program(s)**

University College Maastricht

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Political Science Environmental Studies

**UCEAP Course Number**

127

**UCEAP Course Suffix****UCEAP Official Title**

LESS IS MORE? AN INTRODUCTION TO DEGROWTH

**UCEAP Transcript Title**

INTRO TO DEGROWTH

**UCEAP Quarter Units**

6.00

**UCEAP Semester Units**

4.00

## Course Description

In this course, students critically explore the scientific base of the degrowth paradigm. Is “green” growth indeed impossible, and how would we know? How is growth tied to global production-consumption systems and their destructive impacts? How does the economic growth paradigm influence not only countries and organizations but also individuals who strive for performance maximization and more productive and marketable uses of their time? Through the lens of three different academic perspectives, students explore and discuss what “de-growing” economic systems, policies, and individual behaviors could look like.

## Language(s) of Instruction

English

## Host Institution Course Number

SSC2072

## Host Institution Course Title

LESS IS MORE? AN INTRODUCTION TO DEGROWTH

## Host Institution Course Details

<https://www.maastrichtuniversity.nl/file/course-catalogue-2025-2026pdf>

## Host Institution Campus

Maastricht University

## Host Institution Faculty

University College Maastricht

## Host Institution Degree

## Host Institution Department

## Course Last Reviewed

2025-2026

[Print](#)