

COURSE DETAIL

LESS IS MORE? AN INTRODUCTION TO DEGROWTH

Country

Netherlands

Host Institution

Maastricht University - University College Maastricht

Program(s)

University College Maastricht

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Political Science Environmental Studies

UCEAP Course Number

127

UCEAP Course Suffix**UCEAP Official Title**

LESS IS MORE? AN INTRODUCTION TO DEGROWTH

UCEAP Transcript Title

INTRO TO DEGROWTH

UCEAP Quarter Units

6.00

UCEAP Semester Units

4.00

Course Description

In this course, students critically explore the scientific base of the degrowth paradigm. Is “green” growth indeed impossible, and how would we know? How is growth tied to global production-consumption systems and their destructive impacts? How does the economic growth paradigm influence not only countries and organizations but also individuals who strive for performance maximization and more productive and marketable uses of their time? Through the lens of three different academic perspectives, students explore and discuss what “de-growing” economic systems, policies, and individual behaviors could look like.

Language(s) of Instruction

English

Host Institution Course Number

SSC2072

Host Institution Course Title

LESS IS MORE? AN INTRODUCTION TO DEGROWTH

Host Institution Course Details

<https://www.maastrichtuniversity.nl/file/course-catalogue-2025-2026pdf>

Host Institution Campus

Maastricht University

Host Institution Faculty

University College Maastricht

Host Institution Degree

Host Institution Department

Course Last Reviewed

2025-2026

[Print](#)