

COURSE DETAIL

UNDERSTANDING CLINICAL PSYCHOLOGY

Country

United Kingdom - England

Host Institution

University of Sussex

Program(s)

University of Sussex

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Psychology

UCEAP Course Number

165

UCEAP Course Suffix

N

UCEAP Official Title

UNDERSTANDING CLINICAL PSYCHOLOGY

UCEAP Transcript Title

CLINICAL PSYCHOLOGY

UCEAP Quarter Units

6.00

UCEAP Semester Units

4.00

Course Description

In this course, students explore mental health issues and how disorders impact people throughout their lives. Students learn how psychologists make diagnoses and use theory to guide treatment. Topics include anxiety, depression, dementia, and modern evidence-based treatments, such as Cognitive Behavioral Therapy (CBT).

Language(s) of Instruction

English

Host Institution Course Number

C8524

Host Institution Course Title

UNDERSTANDING CLINICAL PSYCHOLOGY

Host Institution Course Details

<https://www.sussex.ac.uk/study/modules/undergraduate/2023/105118-understanding-...>

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department

Psychology

Course Last Reviewed

2025-2026

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