COURSE DETAIL

UNDERSTANDING CLINICAL PSYCHOLOGY

Country
United Kingdom - England

Host Institution
University of Sussex

Program(s)
University of Sussex

UCEAP Course Level
Upper Division

UCEAP Subject Area(s)
Psychology

UCEAP Course Number
165

UCEAP Course Suffix
N

UCEAP Official Title
UNDERSTANDING CLINICAL PSYCHOLOGY

UCEAP Transcript Title
CLINICAL PSYCHOLOGY

UCEAP Quarter Units
6.00

UCEAP Semester Units

4.00

Course Description

In this course, students explore mental health issues and how disorders impact people throughout their lives. Students learn how psychologists make diagnoses and use theory to guide treatment. Topics include anxiety, depression, dementia, and modern evidence-based treatments, such as Cognitive Behavioral Therapy (CBT).

Language(s) of Instruction
English

Host Institution Course Number
C8524

Host Institution Course Title
UNDERSTANDING CLINICAL PSYCHOLOGY

Host Institution Course Details
https://www.sussex.ac.uk/study/modules/undergraduate/2023/105118-understanding-...

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department
Psychology

Course Last Reviewed
2025-2026

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