

COURSE DETAIL

PHYSICAL AND MENTAL HEALTH CONDITIONS

Country

United Kingdom - England

Host Institution

University of London, Royal Holloway

Program(s)

University of London, Royal Holloway

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Health Sciences

UCEAP Course Number

123

UCEAP Course Suffix**UCEAP Official Title**

PHYSICAL AND MENTAL HEALTH CONDITIONS

UCEAP Transcript Title

PHYS&MENTAL HEALTH

UCEAP Quarter Units

6.00

UCEAP Semester Units

4.00

Course Description

This course provides students an understanding of physical and mental health conditions. It explores the relationships between physiology, physical health, lifestyle factors, and mental health and wellbeing.

Language(s) of Instruction

English

Host Institution Course Number

HE2005

Host Institution Course Title

PHYSICAL AND MENTAL HEALTH CONDITIONS

Host Institution Course Details

https://ssb-prod.ec.royalholloway.ac.uk/PROD/bwckctlg.p_disp_catalog_syllabus?c...

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department

Health Sciences

Course Last Reviewed

2025-2026

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