

COURSE DETAIL

PERSONALITY AND INDIVIDUAL DIFFERENCES

Country

United Kingdom - England

Host Institution

University of Manchester

Program(s)

University of Manchester

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Psychology

UCEAP Course Number

148

UCEAP Course Suffix**UCEAP Official Title**

PERSONALITY AND INDIVIDUAL DIFFERENCES

UCEAP Transcript Title

PERSONALITY&IND DIF

UCEAP Quarter Units

4.00

UCEAP Semester Units

2.70

Course Description

The course provides a grounding in core theories, models, and concepts within the field of individual differences psychology, and then relates these to key health and wellbeing outcomes. A major topic within the unit is personality. Critical and historical perspectives on key theories, approaches to, and models of personality are presented, along with details of the methodological tools that have been used to measure personality. A critical examination of theories and data linking personality to physical and mental health is then presented. Additional concepts from individual differences psychology, such as mood, intelligence, and motivation, are also introduced, and then examined in relation to physical and mental health outcomes.

Language(s) of Instruction

English

Host Institution Course Number

PSYC21041

Host Institution Course Title

PERSONALITY AND INDIVIDUAL DIFFERENCES

Host Institution Course Details

<https://www.manchester.ac.uk/study/international/study-abroad-exchange/unit-sea...>

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department

Psychology

Course Last Reviewed

2025-2026

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