

# COURSE DETAIL

## THE PHILOSOPHY OF PSYCHOLOGY

**Country**

Norway

**Host Institution**

University of Oslo

**Program(s)**

University of Oslo

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Philosophy

**UCEAP Course Number**

112

**UCEAP Course Suffix****UCEAP Official Title**

THE PHILOSOPHY OF PSYCHOLOGY

**UCEAP Transcript Title**

PHILOSOPHY OF PSYCH

**UCEAP Quarter Units**

8.00

**UCEAP Semester Units**

5.30

## **Course Description**

One of the hallmarks of being human is that we can suffer as well as flourish. Focusing on positive psychology and clinical psychology, psychiatry, and psychotherapy, this course offers a sustained investigation of the conceptual and philosophical problems at the heart of the study of human well-being and human ill-being. Central topics include the nature of happiness and well-being; the nature and classification/diagnosis of mental disorder; the relation between mental health and mental illness (is happiness more than the mere absence of suffering?); differing perspectives on mental disorder (neuroscience, evolutionary psychology, existentialism, phenomenology); the implicit philosophical assumptions behind major psychotherapeutic traditions, especially concerning the good life. One guiding assumption of the course is that studying well-being and ill-being side by side can be mutually illuminating. By the end of the semester, students are equipped to interpret psychological theories and therapeutic practices through a philosophical lens, as well as consider how conceptions of the good life both inform and are informed by the science and practice of psychology.

### **Language(s) of Instruction**

English

### **Host Institution Course Number**

FIL2108

### **Host Institution Course Title**

THE PHILOSOPHY OF PSYCHOLOGY

### **Host Institution Course Details**

<https://www.uio.no/studier/emner/hf/ifikk/FIL2108/index-eng.html>

### **Host Institution Campus**

### **Host Institution Faculty**

Humanities

**Host Institution Degree**

Bachelor

**Host Institution Department**

Philosophy, Classics, History of Art and Ideas

**Course Last Reviewed**

2025-2026

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