

COURSE DETAIL

ALTERNATIVE SPORT AND PLAY

Country

New Zealand

Host Institution

University of Auckland

Program(s)

University of Auckland

UCEAP Course Level

Lower Division

UCEAP Subject Area(s)

Physical Education

UCEAP Course Number

12

UCEAP Course Suffix**UCEAP Official Title**

ALTERNATIVE SPORT AND PLAY

UCEAP Transcript Title

ALT SPORT AND PLAY

UCEAP Quarter Units

6.00

UCEAP Semester Units

4.00

Course Description

This course examines alternative sport and games young people play in Aotearoa New Zealand and internationally. It explores a range of non-traditional and non-competitive physical activities. It reflects on the socio-cultural dimensions of these types of physical activities, including an examination of how alternative sport enables young people to learn, play, communicate, create, express themselves, and belong.

Language(s) of Instruction

English

Host Institution Course Number

PHYSED 102

Host Institution Course Title

ALTERNATIVE SPORT AND PLAY

Host Institution Course Details

https://study.auckland.ac.nz/ords/r/uoa/catalogue/course?p6_code=PHYSED%20102

Host Institution Campus

Auckland

Host Institution Faculty

Host Institution Degree

Host Institution Department

Sport, Health and Physical Education

Course Last Reviewed

2026-2027

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